

Bereavement & Grief Services

Agency Name	Contact Information	Services Offered
Better Living Health and Community Services	416-447-7244 https://mybetterliving.ca/hospice-services/	
Centre for Grief and Healing - Bereaved Families of Ontario	www.bereavedfamilies.ca	Groups available for young adults, children, and adults Offer time limited 1:1 peer support session
Centre for the Grief Journey	(905) 624-8080 https://griefjourney.com/	Great website that includes videos, reading material and list of local grief groups facilitated by grief specialist and Psychologist, Dr. Bill Webster
Community of People Extending Support (COPEs)	416-767-6793	6-week support group for people who share a similar experience: bereavement - 6-week workshops, 4 times a year, call for info (Turner & Porter Funeral Homes).
Equinox Centre for Grief and Trauma Counselling	416-926-0905 http://www.equinoxcounseling.ca/contacts	
Pregnancy and Infant Loss Network (PAIL)	1-888-303-7245 https://pailnetwork.sunnybrook.ca/	Supporting families who have lost an infant.
Survivor Support Program	416-595-1716	Supports friends, family members or co-workers grieving a death by suicide or homicide
The Lighthouse	905-337-2333 www.grievingchildrenlighthouse.org	

Grief Counselling Therapists – Fee for Service

Agency Name	Contact Information	Services Offered
FVB Psychologists	1-833-382-7792 www.fvb.ca	Specializes in traumatic loss including loss of a child, murder, suicide, sudden and unexpected losses
William Cooke & Associates Counselling and Psychotherapy	416-762-0330 www.williamcooke.ca	
June Lam, MSW RSW	647-298-4634 https://www.scarboroughtorontotherapy.com/	Grief, depression, anxiety, couples, family, children & teens, work and career issues, stress management & conflict resolution
Patricia Lowe, MSW RSW	905-847-1791	Marital, separation, divorce, grief, trauma & loss, infertility, addiction, mental health Including eating disorders, living with the elderly
Dan McGann, MSW RSW	416-970-2396 http://danmcganntherapy.com/	Grief: sees adults and teens and young adults with grief including those who've lost a parent