

CHILD & YOUTH: LGBT2SQ

COMMUNITY MENTAL HEALTH PROGRAMS

Brant Community Mental Health

Provide quality services to our community through a wide range of inpatient and outpatient programs focused on acute and chronic care.

Address: 1182 North Shore Blvd E, Burlington, ON L7S 1C5

Phone: (905) 631-1939

<https://www.josephbranthospital.ca/en/programs-and-services/community-mental-health-services-outpatient.asp>

Canadian Mental Health Association

Peel Dufferin (P)

Providing services for people with mental illness, by offering individual support, education and training, group and peer, housing and homelessness, client right, mental health and justice and family support

Address: 7700 Hurontario St #314, Brampton, ON L6Y 4M3

Phone: (905) 451-2123

<https://cmhapeeldufferin.ca/>

Central Toronto Youth Services (CTYS)

Provides a community-based, accredited Children's Mental Health Centre that serves many of Toronto's most vulnerable youth.

Contact: 416-924-2100

Email: mail@ctys.org

www.ctys.org

Centre of Healing Minds (P)

Provides full service counselling for individuals, couples, family psychotherapy through licensed professionals.

Address: Sussex Centre, 50 Burnhamthorpe Rd W #401, Mississauga, ON L5B 3C2

Contact: (647) 779-9644

<https://centrefhealingminds.com/>

East Mississauga Community Health Centre

(P)

Provides various medical services and community/ social support programs to the East Mississauga community.

Contact: 905-602-4082

Email: mississauga@lampchc.org

<http://eastmississaugachc.org>

GenderCreativeKids

Gender Creative Kids is a reference community organization that has supported trans, non-binary, and gender-fluid youth's affirmation within their families, schools, and communities

Email: info@contactgckc.com

www.gendercreativekids.ca

PFLAG Canada

Provides local, practical, and emotional peer-to-peer family support for individuals and their loved ones challenged by gender/sexual identity

Contact: 1-888-530-6777

www.pflagcanada.ca

Positive Space Network (H)

Provides safer spaces for 2SLGBTQ+ youth ages 6-24. by creating youth-focused programming, providing mental health support and cultivating community partnerships.

Contact: 289-208-0886

<https://positivespacenetwork.ca/>

Rainbow Health Care

Creates opportunities for the healthcare system to better serve LGBT2SQ communities, by offering training for healthcare providers.

Contact: 416-324-4100

Email: info@rainbowhealthontario.ca

www.rainbowhealthontario.ca

Recovery West

Provides Mental Health Recovery through groups, activities and vocational services with a focus on peer support.

Address: 601-7700 Hurontario St, Brampton, ON L6Y 4M3

Phone: (905) 451-3934

<https://cmhapeeldufferin.ca/programs-services/recovery-west/>

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SUMMERVILLE

Family Health Team

Sick Kids Transgender Youth Clinic

Provide medical care and support to transgender adolescents.

Contact: 416-813-5097

<http://www.sickkids.ca/adolescentmedicine/programs/transgender-youth-clinic/transgender-youth-clinic.html>

The 519

Provides counselling services, queer parenting resources to coming out groups, trans programming, and senior's support.

Contact: 416-392-6874

Email: info@the519.org
www.the519.org

Wise Elephant Family Health Team

Provides health care from Family Physicians, Nurse Practitioners, Registered Dietitians, Psychologist and Social Worker

Contact: 416-700-3424

<https://wiseelephantfht.net/>

Youth Beyond Barriers (YBB)

Provides confidential services for youth aged 12-17 who identify as 2SLGBTQ+, through weekly support and education groups, and individual counselling.

Contact: 1-800-762-8377 ext. 460

<https://www.aysp.ca/programs/youth-beyond-barriers/>

SELF HELP RESOURCES

Access Alliance

Provides services and addresses system inequities to improve health outcomes for the most vulnerable immigrants, refugees, and their communities.

<https://accessalliance.ca/>

LGBT YouthLine

Provides peer support and referrals, training and resources for youth (29 and under) across Ontario.

<http://www.youthline.ca/get-support/links-resources/>

Trevor Project

Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.

www.thetrevorproject.org

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